



Weight Loss Management Short Course Cohort 3 Application Window is Now Open!



APPLY TODAY

IF YOU STRUGLE WITH WEIGHT, THIS IS FOR YOU

This is an intensive two-week program designed to equip participants with evidence-based knowledge and practical skills in weight management. The course aims to empower:

- Gym and fitness trainers looking to enhance their expertise in developing effective weight loss programs and support clients in achieving sustainable healthy weight management.
- Healthcare professionals (doctors, nurses, nutritionists, etc.) addressing obesity and related chronic conditions to patients.
- Individuals with chronic diseases (e.g. diabetes, hypertension) seeking weight control strategies to improve health outcomes.
- General public (overweight, underweight or healthy individuals) who want guided, professional approaches to attain a healthy weight.

- ➔ **Course Fee: 2,150,000 TZS**
- ➔ **Early Bird Deadline December 31st , 2026 (15% off)**
- ➔ **Late Bird Deadline March 12th, 2027**

FOR REGISTRATION
CONTACT:

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