

**MUHIMBILI UNIVERSITY OF HEALTH AND ALLIED SCIENCES  
BASIC OBSTETRIC EMERGENCY AND NEWBORN CARE SHORT COURSE**



#### Introduction

The School of Nursing-MUHAS, in collaboration with Ismila Nursing School-Iringa, will conduct a short course on Basic Obstetric Emergency and Newborn Care from **19<sup>th</sup> February to 01<sup>st</sup> March 2024 (Two Weeks)**. Classes will start from **8:00 AM to 5:00 PM**; Monday to Friday.

#### Aim

The course aims to equip healthcare Providers with up-to-date knowledge and practical skills required to deal with pregnancy and delivery-related complications that threaten the lives of mothers and their newborns.

#### Course Expected Learning Outcomes

By the end of the training, the participants are expected to have the ability to:

1. Identify a woman with emergency obstetric conditions by using comprehensive assessment methods
2. Utilize appropriate skills for the management of a woman with hypertensive disorders of pregnancy, i.e. pre-eclampsia, and eclampsia
3. Demonstrate skills in the management of patients with bleeding before or after delivery, including hemorrhagic shock
4. Demonstrate skills in assisting complicated deliveries, including breech extraction, shoulder dystocia, and Vacuum-Assisted Birth (VAB)
5. Conduct an immediate and comprehensive newborn assessment to recognize newborns with life-threatening conditions
6. Demonstrate appropriate skills for helping babies to survive
7. Apply concepts of customer care and integrity in the provision of midwifery services

#### Structure of the course

1. Management of a woman with hypertensive disorders in pregnancy
  - o Management of a Woman with Pre-eclampsia and Eclampsia
  - o Management of a Woman with Disseminated Intravascular Coagulation (DIC)
2. Management of a woman with bleeding before or after childbirth
  - o Management of a Woman with Antepartum hemorrhage (APH)
  - o Overview of postpartum hemorrhage (PPH)
  - o Management of a Woman with Postpartum Hemorrhage (PPH)
  - o Management of a Woman with Hemorrhagic Shock due to PPH
3. Specified skills for complicated deliveries
  - o Breech extraction
  - o Vacuum-Assisted Birth
  - o Shoulder dystocia

4. Helping Baby Survive
  - o Essential care for every baby
  - o Helping babies to breath
  - o Essential care for small babies
  - o Newborn Essential Technology (Radiant warmer, Phototherapy & CPAP)
5. Customer care and integrity in midwifery services

#### Target groups

The course attracts candidates from both public and private healthcare facilities and training institutions in Tanzania. Participants should be directly involved with patient care or training of the health workforce.

#### Mode of Instruction

Interactive lectures, problem-based learning, and simulation laboratory practices will be used for facilitation.

#### Course Instructors

Lecturers from the School of Nursing, Muhimbili University of Health and Allied Sciences (MUHAS), and instructors from the Tanzania Midwives Association (TAMA) will facilitate learning activities.

**Award:** MUHAS signed certificates with 10 CREDITS will be awarded at the end of the course. Participants are encouraged to bring their CPD books.

#### Host

The course will be conducted at **Ismila Nursing School-Iringa**

#### Course Fees

Each participant shall pay a tuition fee amounting to 600,000 Tshs for local citizens and a total of USD 270 for foreigners.

#### Traveling Costs and Accommodation

Traveling costs and accommodation are not part of the course tuition fees. Applicants will have to arrange for the said services.

#### Application Procedures

Send your application letter, CV, and copies of your professional certificates, through the following email: [communityhealth.bemonc@gmail.com](mailto:communityhealth.bemonc@gmail.com)

**Application deadline: 14<sup>th</sup> February 2024 at 00:00Hrs**

#### Enquiries

For a detailed explanation of the short course, please contact us through the following; **0679000461/0654014271/0752622792**